Hosting Sexwise

sexwise

What Schools Need to Know

GOAL

To challenge and motivate rangatahi/youth to discuss, explore and reflect on behaviours that affect the sexual diversity, gender diversity, and reproductive health of themselves and others, with reference to current accurate information.

OBJECTIVES

Theatre in Education that:

1. Aligns with the sexual education curriculum.
2. Promotes healthy relationships.
3. Identifies and discusses the risks, influences and pressures relating to sexual health including consent and unintended pregnancy.
4. Examines and challenges attitudes that reinforce stereotypes, homophobia, and all discrimination.
5. Acknowledges and affirms sexual and gender diversity.
6. Affirms the delay of sexual activity and abstinence.
7. Encourages the practice of safer sex including practical information about sexual health services.
8. Provides accurate information on STIs (sexually transmitted infections), their transmission and prevention.

What Happens on the Day?

Each student attends:
• A performance by our facilitators, plus
• An interactive workshop
• Each part takes 1 class period to complete.

The Performance - up to 100 students each day
Containing songs, humour and drama, the performance focuses on four 'typical' high school teens and follows their developing relationships, leaving issues unresolved for students to explore in the workshop.

The Workshop - up to 25 students in each session
Students discuss the issues and behaviours of the characters with our Facilitators, and provide real advice, which is acted out in replays of the scenes, using both facilitators and students to play chosen characters.

• All students must attend both the Performance and Workshop to complete the educational programme.
• THETA recommends that students workshop in their normal peer group settings, however, we are happy to timetable separate gender sessions if requested.

WHAT WE NEED ON THE DAY

• A habitable classroom or group space large enough to hold your participating students

• Someone to welcome the facilitators on arrival, and show them where to go

• It is mandatory to have one qualified teacher present at all times during both the performance and workshop/s

• A trestle or small table

• Four chairs.

WHAT WE NEED AFTERWARDS

We will survey your students at the end of the workshop using their phones

Support students without a device to use a school computer later on

We will send you a simple teacher survey to complete via email

We will request a formal letter of support for 2022

These letters are essential for funding, and enable Sexwise to remain free for eligible schools.

PREPARING FOR YOUR VISIT:

We support schools to use Sexwise as part of an integrated approach that enhances delivery of the sexual health component of the The New Zealand Curriculum.

Teachers should use the programme as an experience to enhance the broader curriculum delivery they are planning for their students.

On the day, teachers are welcome to join in, but keep a low profile to allow students to participate and speak freely.

Parental Involvement:
THETA recommends that schools consult with parents and caregivers before and after Sexwise.

The Sexwise programme will encourage meaningful communication between students, their family and whānau, the school community, and local health providers.

Where possible we will host a community Sexwise event in your area which staff, family and whānau are welcome to attend.

Disclosures:
Sexwise may trigger unresolved personal issues in some participants.

Schools are expected to have robust policies and processes in place to support student disclosures of sexual violence safely and sensitively.

Our facilitators have received guidance on managing disclosures and will refer students to support services within the school in the first instance. They are not trained counsellors.

Capturing the Day:
You may take photos of the performance for your school newsletter, website etc.

We may seek permission to take photos and video for our own records and promotional purposes.